

"One Team One Fight"

NUMBER 4

403 Lee Jackson Highway
Staunton, Virginia 24401

FAX: 866-416-0586
Website: www.vfwva.org
Email: statehq@vfwva.org

October 1, 2026

(540) 886-8112
Hours M – F
8:00 am – 4:00 pm

GUIDE TO THE GO:

Articles are listed by number not by pages:

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1. COMMANDER'S MESSAGE:

Comrades,

As we now reach the fall season and leaves begin to fall and the weather gets cooler, we at the VFW continue to roll on with what is shaping up to be a great year. I have visited several Posts and social functions as your Commander, and I am impressed with the hard work and enthusiasm displayed by our members and the members of our great Auxiliary. I can go on and on about the great work being done and the great individuals who have stepped up and are doing amazing work for our veterans and our organization. Don't forget to RSVP to Kathy Voss or myself for the homecoming at 9808 in Mechanicsville on October 17th at 1700 hours or 5 o'clock Air Force Time. I look forward to seeing all of you there and we can enjoy a night of good food and fellowship with each other.

When it comes the "Taking Care of Veterans Act, we still have a fight on our hands as they have not yet removed Sec 108 of the bill which takes benefits from future veterans to pay for current veterans. Go to the VFW Action alerts and send a message to your local representatives as well as our senators. To paraphrase former President Bush after 9-11, "They will hear from all of us soon." We cannot afford to be silent on this issue. The stakes are just too great. If we allow Congress to pull on this seam, the whole sweater unravels. What is to stop them from eroding all of our earned benefits, including current beneficiaries, if we cave on this issue. We cannot be the ones who get the budget balanced on our backs. We are also close to pushing through the Major Richard Starr Act. See the VFW alert for that email also.

In closing as we approach the holiday season, reach out to friends and veterans that you may not have spoken to in a while. See how they are doing and let them know you care. Check on comrades who had life altering events such as divorces, deaths and serious illness. Good will towards man goes a long way if you feel alone and suddenly you hear from a comrade or friend. Let's prove that no one does more for veterans than the VFW.

Mark P. Maggio
State Commander

2. ACTIVE MEMBERSHIP:

The National Bylaws provide for only one type of membership: active membership. There are no provisions in the National Bylaws, nor is there any authority or justification for issuance of Club Membership cards, Associate Member cards, Honorary Membership cards, Courtesy Membership cards or any other special type of cards. Any Post issuing such unauthorized cards, or conducting club operations open to the general public, endangers its standing with the Internal Revenue Service as a non-profit organization. Officers signing outlaw cards admitting non-members to VFW premises are subject to disciplinary action. National and Department officers cannot defend practices that conflict with VFW Bylaws or procedures.

3. AUDITS:

Also, attention of Post Commanders is directed to Section 218 (a)(11) of the National Manual of Procedure, Officers: Duties and Obligations. Trustees Report of Audit must be prepared in detail within thirty (30) days from the end of each quarter, one of which ended June 30th and is **NOW PAST DUE**.

4. BONDS:

All Bonds expire on August 31, 2026. Please see July or August General Orders for the rate schedule for the cost of your bond and return completed forms and payment to State Headquarters. Please note Quartermaster Bond rate **is for** the Post Officers. There is a separate schedule for your canteen employees and others who are not Post Officers but need to be bonded. Remember that persons on any/or all accounts the Post has **MUST BE BONDED**.

EACH PERSON BONDED MUST BE ON A SEPARATE FORM. EXAMPLE DO NOT PUT QM AND COMMANDER ON SAME FORM, THERE MUST BE TWO FORMS COMPLETED BEFORE BONDS CAN BE PROCESSED. IF YOU ARE NOT SURE WHICH FORM YOU SHOULD BE USING CONTACT STATE HEADQUARTERS.

5. BUDDY POPPIES:

Although we emphasize Buddy Poppies on Veterans Day and Memorial Day, it is important to realize that the distribution of Buddy Poppies should be a year-round exercise. Each time a Post participates in an activity where the public will be present, Buddy Poppies should be present as a fundraising tool and simply to recognize our fallen comrades. Where the VFW appears, Buddy Poppies should be a constant reminder that we will never forget those who have perished in the name of liberty. Just as "They Gave, Will You?" is a year-round thing, so should the distribution of VFW Buddy Poppies.

Remember that your poppies should be ordered a minimum of three (3) weeks in advance of your distribution date.

Miscellaneous items (coin cans, buttons, posters, etc.) should be ordered directly from the VFW Store at vfwstore.org/category/programs/buddypoppy or by calling Member Service Center at 1.833.839.8387.

The Manual of Procedure provides that Post relief funds may be used for programs such as Voice of Democracy, Patriot's Pen, Citizenship Education, and Community Service as long as suggestions in the chairperson's guidebooks are used as an example of promoting these programs.

Posts are further reminded that Section 711 of the Manual of Procedure provides that non-profit organizations, exempt from taxes under Section 501(a) of the Internal Revenue Code, may assist with the distribution of Buddy Poppies, provided there shall be no division of proceeds. A donation to these groups may be made from the Post general fund.

6. BY-LAWS AND MANUAL OF PROCEDURE:

All officers should obtain current 2027 copies of the podium edition of the Congressional Charter, Bylaws, Manual of Procedure and Ritual. Copies of the revised edition of the Congressional Charter, Bylaws, Manual of Procedure and Ritual are available through the VFW Store at National Headquarters. The 2027 revised edition reflects the amendments adopted by the 127th National Convention, which became effective on Aug. 28, 2026.

7 CITIZENSHIP EDUCATION TEACHER AWARD:

Hopefully schools in your area have received notification regarding submitting their candidates to Posts by October 31st. Posts should complete their reviews/selections and forward their winning candidates to District by November 13. Judging should take place at District level in sufficient time to forward District winners to the Department by December 4. Next month, you will receive guidance on how and where to submit your District winners.

J. I. Dombroff
Chairman

7. CONTROL OF UNITS:

All Commanders are reminded that Section 709, Manual of Procedure – Control of Units, requires that any activity, clubroom, holding company or unit sponsored, conducted or operated by, for or in behalf of a Post, County Council, District or Department shall be at all times under the direct control of such Post, County Council, District or Department and that all money, property or assets of any kind or nature, must be placed in the care and custody of the respective Quartermaster. All Commanders should ensure that all provisions of Section 7409 are enforced.

8. DELINQUENT:

District	Post	Fee	Audits	District	Post	Fee	Audits
				9	7726		June
3	8356		June	9	9640	20.00	
				11	632		June
				11	9339		June not accepted
7	9660		June not accepted	12	5715		Dec, March, June not accepted
9	1115		June	12	9830	5.00	

9. DIGITAL MEMBERSHIP CARDS:

Members now have the ability to download their digital version of their membership card. Depending on whether a member has an iPhone or Android, they will be able to download and access their digital membership card from the VFW app.

This will not replace the physical VFW membership card - we will still be sending out membership cards to all our annual and Life members. This is intended as another option for our members' convenience. When asked to show a VFW membership card, a member can either produce their physical card out of their wallet or display their digital card on their smart phone.

10. DISTRICT MEETINGS:

1st Date: 1/23/27
Meeting: 10:00 am
Location: Post 3219 Phoebus
 1222 E Mellen Street, Hampton
Rep: St Judge Advocate Todd Taylor

2nd Date: 11/14/26
Meeting: 9:00 AM
Location: Post 2894 Chesapeake
 3329 Battlefield Blvd South
Rep: St Inspector Patrick Lane

3rd Date: 11/14/26
Meeting: 10:00 AM
Location: Post 2239 Colonial Heights
 14705 Jefferson David Hwy
Rep: State Cmdr Mark Maggio

4th Date: 11/7/26
Meeting: 11:00 AM
Location: Post 8759 Amelia
 16440 Five Forks Rd
Rep: PSC Doug Hoffman

5th Date: 11/21/26
Meeting: 10:00 AM
Location: Post 4637 Martinsville
 1425 Greensboro Road
Rep: St JVC Randy Coker

6th Date: 12/5/26
Meeting: 11:00 AM
Location: Post 1264 Roanoke
 4930 Grandview Ave NW
Rep: St Inspector Patrick Lane

7th Date: 1/23/27
Meeting: 11:15 AM
Location: Post 2447 Edinburg
 100 Veterans Way
Rep: State Cmdr Mark Maggio

8th Date: 12/5/26
Meeting: 10:00 AM
Location: Post 12218 Haymarket
 Hopyard Farms Clubhouse
Rep: St SVC Charles Bush

9th Date: TBD
Meeting: 10:00 am

	Location:	TBD
	Rep:	
10 th	Date:	12/12/26
	Meeting:	10:00 AM
	Location:	Post 1177 Leesburg 401 Old Waterford Rd NW
	Rep:	St Surgeon Paul Smith
11 th	Date:	1/9/27
	Meeting:	10:00 AM
	Location:	Post 2216 212 Frontier Dr
	Rep:	St Surgeon Paul Smith
12 th	Date:	10/10/26
	Meeting:	11:00 AM
	Location:	Post 5715 Big Stone Gap 1721 3 rd Avenue E
	Rep:	PSC Gary Adams
13 th	Date:	11/21/26
	Meeting:	11:00 AM
	Location:	Post 8169 Scottsville 2997 W River Rd
	Rep:	PSC Tom Gimble

11. E-MAIL ACCOUNT ACCESS:

All email accounts have been reset so the new Officers can take control of their emails. This will be the primary means of sending correspondence from State Headquarters to Post and District Officers.

You will receive all General Orders, special notices and any other documentation that you need via email. This will help cut down on postal expenses and speed up the response time for you receiving the information.

Here are directions for logging into your new account for the first time.

1. Go to Department web site www.vfwva.org.
2. Click on Resources, Microsoft 365.
3. The username is your email address; put that on the first line (see below for your new address).
4. Your default password will be **VFW2026!** once you have accessed the mail program you will be asked to change it; it must contain at least one uppercase letter and one number.

Post Commanders, your address will be cdrpost176@vfwva.org where the 176 is you replace it with **your** Post number.

District Commanders your address will be cdrdist1@vfwva.org for Districts other than the first just replace the 1 with your district #.

Any questions please contact State Headquarters.

12. GENERAL ORDERS:

The cut off for the General Orders is the 20th of the month. No EXCEPTIONS. Subscriptions for hard copy General Orders are \$30.00 for the year. Contact State Headquarters for more info.

13. IMPORTANT DATES:

October 17, 2026	State Commander's Homecoming, Mechanicsville Post 9808, 7168 Flag Lane, Mechanicsville, VA at 5:00 pm
October 22 - 25, 2026	Southern Conference, Mobile, Alabama (agenda attached - go to www.vfwal.org for more information)
January 14 - 17, 2027	Winter Council, Hotel Madison Shenandoah Valley Conference Center, 710 S. Main Street, Harrisonburg, VA: phone 540-564-0200. Room Rates are \$110.00 per night. Cutoff Date is December 12, 2026, by 5:00 pm.
June 10 - 13, 2027	State Convention, Hotel Madison Shenandoah Valley Conference Center, 710 S. Main Street, Harrisonburg, VA: phone 540-564-0200. Room Rates are \$119.00 per night. Cutoff Date is May 5, 2027, by 5:00 pm.
July 31 - August 4, 2027	National Convention, Milwaukee, Wisconsin
November 4-7, 2027	Southern Conference Colonial Williamsburg, Virginia
January 13 - 16, 2028	Winter Council, Hotel Madison Shenandoah Valley Conference Center, 710 S. Main Street, Harrisonburg, VA: phone 540-564-0200. Room Rates are \$119.00 per night. Cutoff Date is December 11, 2027, by 5:00 pm.
June 22 – 25, 2028	State Convention, Hotel Madison Shenandoah Valley Conference Center, 710 S. Main Street, Harrisonburg, VA: phone 540-564-0200. Room Rates are \$129.00 per night. Cutoff Date is May 20, 2028, by 5:00 pm.
August 5 - 10, 2028	National Convention, San Antonio, Texas

14. INCORPORATION:

The attention of the Post Commander is directed to section 708 of the National By-Laws and the Manual of Procedure, which prescribes the procedure for the Incorporation of Units. It shall be the responsibility of the Post Commander to ensure full compliance with both sections and to ensure that all state requirements for annual filing, fees, etc., are met in a timely manner.

Posts should take the necessary steps to incorporate under the laws of the state in which the Post is located. Financial responsibility laws, as interpreted by the courts, may cause members of unincorporated Posts to be at risk. Incorporating under the provisions of section 708 of the National By-Laws and the Manual of Procedure and the laws of the state will provide protection for Post members. Posts are urged to contact their Department Adjutant to obtain the proper forms for incorporating. The Articles of Incorporation must be reviewed by the Commander-in-Chief prior to forwarding them to the proper state authorities.

15. IRS FORM 8822-B:

IRS Form 8822-B, it is now a requirement by the IRS that all Posts submit this form. This form must be submitted anytime the Post Quartermaster changes and/or the Post address changes. This has been effective January 1, 2014.

14. JLC:

The JLC met in Richmond on September 16. Chair Katherine Martinez (SVA) presided over the meeting along with Vice Chair John Down (MOAA). VFW JLC alternate Joanne Smith was also present and added valued comment. DVS Commissioner John Maxwell reported that in FY 2026 Virginia Veteran and Family Support served 4358 clients and addressed more than 5500 identified resource service needs. He also reported there is still a significant effort on suicide prevention. He reported that for the first year after a veteran leaves the military there is an increased rate of veteran suicide over the general population. 2023 data showed the general population rate was 14.2/100K whereas the veteran rate was 41.2/100K. Veterans with known alcohol or substance abuse addiction had an astounding rate of 152.6/100K.

Additionally, he reported that the VA is fighting fraud against veterans which nationally exceeded \$2 billion. I questioned what portion could be attributed to claim sharks, and he stated that there was no correlation with fraudsters.

DVS also has a program to help fund honor guards. I have bulk emailed VFW Posts with information on how to apply.

For the commissioner's full report visit: <https://vfw7589.org/JLC/September.html>.

There were also reports from the Board of Veterans Services and the Virginia Veterans Service Foundation. Those reports are also available at the above link.

The JLC approved seven initiatives for the upcoming legislative session:

VSO	SUBJECT
American Legion & VFW	Protect VSO Revenue (Relates to revenue from Charitable Gaming)
Association of the U S Army	Stabilize VMSDEP Funding
Marine Corps League	Provide PTSD Training for 1 st Responders
Military Officers Association	Include USPHS and NOAA in Income Tax Reduction
NORVA Veterans Association	A Transportation & Care Coordination Grant Pilot
NORVA Veterans Association	A Women Veterans Study
Student Veterans Association	Expand JLC Membership

Prioritization of the above initiatives will be established at an interim meeting; date to be determined.

Draft Initiatives may be viewed at: <https://www.dvs.virginia.gov/about-us/boards-foundations/joint-leadership-council-of-veterans-service-organizations>.

Rick Raskin
PSC / VFW VA JLC Representative

16. LEGACY LIFE MEMBERSHIP:

CHECK OUT OUR LEGACY LIFE VIDEO! Go to vfw.org, click on JOIN, and scroll down to Legacy Life Membership and then click on the video on the right. This prestigious program is available to all Life Members and is now available in memoriam for past Life Members. There are three levels of membership; each offer their own package of exclusive member benefits. Financial contributions to the Legacy Life member program are tax deductible to the maximum extent allowed by law.

Enrollment Cost:

Levels

Gold - \$1,200.00
Silver - \$800.00
Bronze - \$400.00

Annual Payouts:

Posts

\$18.00
\$12.00
\$ 6.00

Departments

\$18.00
\$12.00
\$ 6.00

National

\$18.00
\$12.00
\$ 6.00

What will your Legacy be?

17. LIABILITY INSURANCE:

Posts with Post Homes must have liability insurance and list State Headquarters and VFW National Headquarters as additional insurers. State Headquarters does not need a copy of your whole insurance policy, only a copy of the Certificate of Insurance listing State Headquarters and VFW National Headquarters as additional insurers.

The Certificate of Insurance needs to be sent to State Headquarters every year and it can be emailed to statehq@vfwva.org, faxed 1-866-416-0586 or regular mail to VFW State Headquarters, 403 Lee Jackson Highway, Staunton, VA 24401.

If you have any questions, please do not hesitate to contact me at State Headquarters.

Ed Mann
State Adj/QM

18. MEMBERSHIP:

Commanders and Comrades,

I hope everyone has plans in place for Veterans Day. Please try to include recruiting into your programs. While talking to veterans, remember to ask them to join your Post. I see Post members talk to potential members all the time and never ask them to join. It's like they are waiting to hear; I would like to join your Post from whomever they are speaking with. Please don't let this be your method, you may not be very successful.

The Membership Team will be working the State Fair when you see these General Orders, so if you come to the Fair stop by our booth in the Farm Bureau Building. We are hoping to break last year's record of 171 new members.

Post Commanders include talking about recruiting new members into your Post at all of your meetings. Membership is the life blood of the organization. Please contact any Team member, myself, or State H.Q. if you want assistance.

Tom Hines PSC
Membership Team Chairman

19. OFFICE CLOSURE:

State Headquarters will be closed October 12, 2026, in observance of Columbus Day.

State Adjutant/Quartermaster Mann and Assistant Adjutant/Quartermaster Hoffman will be available by phone and email. State Adjutant/Quartermaster Mann 804-304-7726 or adj@vfwva.org and Assistant Adjutant/Quartermaster Hoffman 757-679-2367 or dhoffman@vfwva.org.

20. PARLIAMENTARY AUTHORITY:

Procedure and Ritual establish that *Robert's Rules of Order, Newly Revised, 12th Edition* shall be the parliamentary authority on procedural matters not governed by VFW By-Laws and Manual of Procedure. This edition of *Robert's Rules of Order* is readily available at local bookstores and online retailers such as Barnes & Noble and Amazon.

21. PARTNERS IN PATRIOTISM:

Adjutant General Dan West would like you to join him in supporting the VFW's life-changing programs for veterans, service members and their families. The VFW has an option that allows you to support VFW programs on a monthly, quarterly or yearly basis, which helps reduce expenses and eliminates the amount of fundraising mail you receive. It is called Partners in Patriotism. As a member of Partners in Patriotism, you choose a set dollar amount for your donation (minimum amount of \$10) that is either charged to your credit card or set up as an Electronic Funds Transfer (EFT) from your bank account. Once you join Partners in Patriotism, you will only receive the Quarterly Supporter newsletters to keep you informed of the many efforts your monthly gifts are making possible, and a Year-End Tax Receipt mailed by the end of January. If you are interested in joining Partners in Patriotism, you may contact Donor Services in the VFW Development Department toll-free at 1.833.VFW.GIVE (1.833.839.4483) or email us at partners@vfw.org with "Partners in Patriotism Application" in the subject line.

22. REPORTING:

Comrades, to view whether your Post has submitted an Audit Report, Americanism, Community Service, Safety, Youth or Hospital report you should visit the Department website (www.vfwva.org). The website is updated daily. If you have any questions, please call State Headquarters. There will be no form for Homeless when reporting for assistance to a homeless veteran please put it on a Community Activity report under aid to others.

23. ROSTER CHANGES:

District 6 JVC
Lidia Castro
PO Box 2012
Roanoke, VA 24009
626-310-5762
10Luke27@gmail.com

Post 1115 Meeting Time
4th Monday at 5:30pm

Post 1115 SVC
postseniorvicevfw1115@gmail.com

Post 1115 JVC
276-444-0326
vfw1115jvc@gmail.com

Post 2524 QM
Ean P. Atkinson
1714 Scenic Loop
Culpeper, VA 22701
757-945-8097
epatkinso2886@gmail.com

24. SCHOLARSHIP THEME:

The Veterans of Foreign Wars (VFW) is now accepting entries for its 80th annual Voice of Democracy and Patriot's Pen youth scholarship competitions. The 2026-2027 theme asks America's students **"What a Veteran Taught Me About America."**

Student entries may be submitted (along with a completed entry form) to their local participating VFW Post. The deadline for both contests is **October 31, 2026**. To read more about the contests or download the entry form, visit vfw.org/YouthScholarships

25. VFW FRIENDS OF FREEDOM:

If you are not already a member of the VFW's online community, please visit vfw.org and look for the gold banner that says **"Find Out What's Happening"** to sign up. As a member of the VFW's Friends of Freedom, you will receive special emails with breaking VFW news, legislative alerts and unique opportunities to help the VFW in assisting our nation's veterans, service members and their families. You may also read [VFW success stories here](#) to learn how the VFW is fighting for veterans' rights, assisting veterans in need, educating our youth and aiding military families across the nation. Check back often to see newly posted stories!

26. VIRGINIA VETERANS FOUNDATION:

The Virginia Veterans Foundation is pleased to announce you may know make your donations online. Go to the Department of Virginia's website – www.vfwva.org, then click on About and then click on Virginia Veterans Foundation. Scroll to middle of the page and click on here to donate and follow the directions. **Please make sure when donating online you put Post your Post number so you can get credit (click add note/comment).**

27. VVF COMMUNITY SERVICE GRANT:

The Virginia Veterans, the official foundation of the Virginia VFW, has opened the window to apply for a grant to perform community service. There will be ten (10) grants worth up to \$500 each for the 2026-2027 year. Should any money remain after the ten grants are paid out, those not selected in the first round of grants will be considered a second time. The requirements and application are in the attachments. While the project can be completed anytime between July 1, 2026, and June 30, 2027, the application is **due no later than December 4, 2026**. Posts **AND** Auxiliaries can apply for this grant, but only one grant will be given to an individual Post or their Auxiliary, regardless of who applies. Entries can be mailed, faxed, or emailed to State Headquarters.

28. VVF POST HOME IMPROVEMENT AND ASSISTANCE GRANT:

The Virginia Veterans, the official foundation of the Virginia VFW, has opened the window to apply for a grant to perform improvements on your Post home. There will be ten (10) grants worth up to \$1,000 each for the 2026-2027 year. All requirements and the application are in the attachments. While the project can be completed anytime between July 1, 2026, and June 30, 2027, the **application is due no later than December 4, 2026**. Entries can be mailed, faxed, or emailed to State Headquarters.

Official:



Ed Mann
State Adjutant

By Order of:



Mark Maggio
State Commander



Douglas Hoffman - Candidate for State Quartermaster

Douglas Hoffman proudly served as the **State Commander for the Veterans of Foreign Wars Department of Virginia for the years 2025-2026**, bringing decades of dedicated military and veteran-service leadership to the role.

Doug honorably served **20 years in the United States Navy**, achieving the rank of **Chief Petty Officer**. His distinguished naval career included service aboard **four submarines**, tender duty in **Guam**, and an instructional tour shaping the next generation of sailors in **Charleston**. His time in uniform strengthened his commitment to service, teamwork, and mission excellence—values that continue to guide his leadership today.

His qualifying campaigns for membership in the Veterans of Foreign Wars include the **Global War on Terror Expeditionary Medal**

and the **Armed Forces Expeditionary Medal**. He is also a proud **Gold Legacy Life Member** of **VFW Post 2216 Staunton, Virginia**, where he remains actively involved in supporting veterans, families, and the local community.

Doug's leadership within the VFW has been extensive and impactful. His achievements and positions include:

- **All-American State Commander** and **Tiple Crown** recipient.
- **Two-time All-State and All-American Post Commander**, Ocean View Post 3160
- **All-State and All-American District Commander**
- **Treasurer**, VFW Riders of Virginia
- **Member**, Military Order of the Cooties
- **Past Seam Squirrel**, Pup Tent 1

Beyond his professional and organizational accomplishments, Doug's greatest joy is his family. He has been happily married to his wife **Tracy** for 20 years. Together, they share **four grown children** and are blessed with **one granddaughter**. His family, combined with his naval service and VFW experience, reinforces his belief in the importance of unity, strength, and community.

As **State Quartermaster**, he would bring proven statewide **leadership, financial accountability**, and a strong commitment to transparency and compliance. His experience working with Posts, Districts, and state leadership would allow him to provide **clear guidance, strengthen financial practices** across the Department, and **support mission-focused decision-making** that directly benefits Virginia's veterans and their families.



PATRICK LANE

CANDIDATE FOR DEPARTMENT SURGEON
DEPARTMENT OF VIRGINIA • 2027–2028

A COMMITMENT TO CARE. A LIFETIME OF SERVICE.

I am Patrick Lane, a proud United States Army Veteran, VFW Gold Legacy Life Member, and dedicated servant to our veterans and their families.

I served in the U.S. Army Field Artillery from 1986 to 1991 and earned my VFW eligibility through service in Operation Desert Shield/Desert Storm.

My life's work—both in uniform and in our organization—has been about one mission: taking care of those who have taken care of us.

LEADERSHIP ROOTED IN SERVICE

Patrick has served the Veterans of Foreign Wars at the Post, District, Department, and National levels.

His service includes:

- ★ All-American Post Commander
- ★ All-American District Commander
- ★ Captain of the Department of Virginia Honor Guard (2025–Present)
- ★ State Inspector (2026–2027)
- ★ National Aide-de-Camp during the 2020–2021 and 2024–2025 VFW years

I am a Gold Legacy Life Member of VFW Post 8947 in District 13 and remain committed to upholding the highest traditions of our organization.

SERVICE. INTEGRITY. COMPASSION.

That's my promise to you.



★ VFW HIGHLIGHTS ★

- ★ All-American Post Commander
- ★ All-American District Commander
- ★ Captain, Department of Virginia Honor Guard (2025–Present)
- ★ State Inspector (2026–2027)
- ★ National Aide-de-Camp (2020–2021 & 2024–2025)
- ★ Gold Legacy Life Member
VFW Post 8947, District 13

“ It is an honor to serve those who have served. Together, we can continue to strengthen our organization and ensure that every veteran and their family receives the care and support they have earned.” ”

LEADERSHIP • ACCOUNTABILITY • SERVICE

Patrick Lane

Candidate for Department Surgeon

Veterans of Foreign Wars – Department of Virginia

RESPECTFULLY ASKS FOR YOUR SUPPORT AND YOUR VOTE.

HEALTH APPOINTMENT CHECKLIST FOR WOMEN

Before Appointment	During Appointment	After Appointment
□ Write down your questions and the three most important things you would like to discuss with your provider □ Gather relevant medical records □ Know your family medical history □ List medications and/or birth control □ Track symptoms you are concerned about □ Check your vaccine history □ When scheduling the appointment, make any special requests: □ Provider of a certain gender □ Telehealth appointment □ Create or update your MyHealtheVet profile □ Verify the purpose of your appointment, as well as date, time, and location □ If you have a telehealth appointment, confirm you have the link and test your device □ Call the Women Veterans Call Center (1-855-VA-WOMEN) if additional help is needed	□ Make any requests to help you feel safe and comfortable □ Consult your list so that you can focus on your priority concerns and questions □ Be prepared to discuss with your provider: Deployment history Breast health Family medical history Bone health Family planning Heart health Sexual health Mental health Menstrual cycle Bladder control Cervical cancer screening □ Share needs, goals, or values that are important to you □ Ask about the additional VA services and resources that can support you □ Ask if there are any screening tests or immunizations that are recommended for you □ Request needed medication and/or birth control refills □ Take notes and don't be afraid to ask your provider to repeat or clarify information □ Plan for follow-up care before you leave	□ Schedule future VA appointments □ Pick up prescriptions or request prescriptions in the mail □ View tests and lab results on MyHealtheVet □ Take advantage of secure messaging online with your VA provider □ Visit www.womenshealth.va.gov/ to learn more



DISCUSSING MENOPAUSE WITH YOUR PROVIDER

Use this list of questions to speak with your VA health care provider about menopause, so you know what to expect and how we can support you.

- ☐ **Heart Health:** How does menopause affect my risk for heart disease, and what steps can I take to lower my risk?
- ☐ **Hormone Therapy:** What are the risks and benefits of hormone replacement therapy for me? Are there alternative treatments?
- ☐ **Bone Health:** How can I prevent osteoporosis and maintain bone density as I age? Should I get a bone density scan?
- ☐ **Mental Health and Cognitive Function:** How does menopause impact my mood, memory, and overall mental health? Are there treatments for menopause-related anxiety or depression?
- ☐ **Sleep Disturbances:** How can I improve my sleep if I experience trouble sleeping or night sweats?
- ☐ **Weight and Metabolism Changes:** Why is it harder to maintain my weight, and how can I manage it effectively?
- ☐ **Symptoms and Management:** What symptoms should I expect (hot flashes, night sweats, mood changes, etc.), and what are the best ways to manage them?
- ☐ **Sexual Health and Vaginal Changes:** What can I do about vaginal dryness, pain during sex, or a decrease in libido?
- ☐ **Urinary Health:** How does menopause affect bladder control, and what can I do to prevent or treat incontinence?
- ☐ **Long-term Health Risks:** What long-term health concerns should I be aware of after menopause, and how can I proactively manage them?

If you're currently going through menopause and your symptoms are making you uncomfortable, we offer medication, sleep support, lifestyle counseling, acupuncture, Whole Health, mental health care, and more.

Learn more at www.womenshealth.va.gov/topics/menopause.asp

VFW

Post 637
Hopewell, VA



I SUPPORT THE WINK

TOGETHER WE FIGHT. TOGETHER WE WIN.



VFW POST 637 BREAST CANCER WALK



October 3, 2026



1400 Lynchburg Street, Hopewell, VA



Registration 8 AM



Walk Begins 9 AM



\$40 Registration (includes T-shirt)



SCAN TO REGISTER



THIS EVENT IS OPEN TO THE PUBLIC



Community March for Hope and Healing





4th Annual SGT Nicholas C Mason Memorial VFW Post 12202 Building Fund Golf Tournament

Published: 05/26/2026



WHEN: MONDAY, OCTOBER 19, 2026

7:30AM Registration Opens
9:00AM Shotgun Start

WHERE: Lee's Hill Golf Course

10200 Old Dominion Pkwy, Fredericksburg, VA 22408

FEES: Individual Player \$120 | Team \$480 [Range balls, Golf, Lunch]

PRIZES: Top 3 Teams, Longest Drive, Closest to Pin, Most Patriotic Team

CALL/TEXT: Christine Mason 540-379-5104 | Henry Welch 512-731-8911

REGISTER: 1. Email to reserve a team spot: vfw12202golf@gmail.com
2. Payments to: VFW Post 12202 Auxiliary, C/O Christine Mason
9337 Hickory Lane, King George, VA 22485

SPONSOR:

★ Event	\$3,000	★ All 18 Greens	\$1,000	★ Putt-Putt	\$500
★ Lunch	\$2,500	★ Beverage Cart (x2)	\$750	★ Registration	\$300
★ Technical	\$2,000	★ Golf Cart (x1)	\$600	★ America 250	\$250
★ Swag Bags	\$1,500	★ Driving Range	\$500	★ Hole	\$150

Thank you for helping us towards our Building Goal

★ Future home ★

**SGT Nicholas C Mason
Memorial Post 12202**

VFW

VETERANS OF FOREIGN WARS.



VFW Southern Conference Agenda

October 22-24

Thursday 22nd 2026

- 2:00 PM – 5:00 PM: Registration and Check-in
- 5:30 PM – 11:00 PM: Hospitality
- **DINNER ON YOUR OWN**

ROOM

CONCOURSE
PRESIDENTIAL SUITE

Friday 23rd 2026

- 7:00 AM – 9:00 AM: Transportation to the Golf tournament
- **BREAKFAST ON YOUR OWN**
- 8:00 AM – 5:00 PM: Registration
- 9:00 AM – 5:00 PM: Vendors / Sponsors
- **12:00 AM – 1:30 PM: LUNCH ON YOUR OWN**
- 1:30 AM- 4:00 PM: Auxiliary Meeting
- 3:00 PM – 4:00 PM: VFW Committee meetings
Audit Committee
Budget & Finance Committee
Resolution Committee
Bylaws Committee
Time & Place Committee
- 5:30 PM – 6:00 PM: Joint Memorial Service
- **DINNER ON YOUR OWN**
- 6:00 PM – 11:00 PM: Hospitality

ROOM

CONCOURSE
CONCOURSE

203 A, B

202B

202B

202A

202A

202A

201 A, B, C

PRESIDENTIAL SUITE

Saturday 24th 2026

- **BREAKFAST ON YOUR OWN**
- 7:00 AM – 8:30 AM: Leadership Breakfast
National Chair Officers/Southern Conference officers
Dept. Commanders/Presidents/Sr Vice Commanders/Presidents
Jr. Vice Commander/Presidents/Dept. Quarter Master/Adjutants/Dept. Auxiliary Treasurer.
- 9:00 AM – 3:00 PM: Vendors/Sponsors
- 8:00 AM – 1:00 PM: Registration
- 8:30 AM – 10:00 AM: Joint opening session
- 10:15 AM—Adjourn: VFW Business Meeting
- 10:30 AM- Adjourn: Auxiliary Business Meeting
- **12:00 PM – 1:30 PM: LUNCH ON YOUR OWN**
- 1:30 PM – 3:15 PM: Auxiliary Business Meeting
- 3:30 PM – 5:00 PM: Hospitality
- 6:00 PM – 7:00 PM: Reception
- 7:00 PM – 9:30 PM: MADI GRAS theme Dinner & Entertainment
- **Sunday 25th 2026** **SAFE TRAVELS HOME**

ROOM

EAST&WEST

CONCOURSE

CONCOURSE

201 A, B, C

201 A, B, C

203 A, B

203 A, B

PRESIDENTIAL SUITE

HALL OF EAST&WEST

East & West

Note: Agenda is subject to change. Please check for updates at the conference registration desk.

VFW

★ POST 637 ★

PRESENTS

RIB COOK OFF

APPEARANCE ★ TASTE ★ TENDERNESS

SATURDAY

OCTOBER 24, 2026



\$30

ENTRY FEE

★ PER TEAM ★

★ OPEN TO ★

**VFW/AUXILIARY
MEMBERS & THEIR GUESTS!**

★ **AWARDS** ★

- ★ 1ST PLACE
- ★ 2ND PLACE
- ★ 3RD PLACE



✓ **RIBS WILL BE PROVIDED!**

★ SCHEDULE ★

	SET UP	6:00 AM
	COMPETITORS MEETING	7:00 AM
	START TIME	8:00 AM
	TURN IN	2:00 PM
	AWARDS	3:00 PM



BRING YOUR BEST RIBS
& COMPETE FOR BRAGGING RIGHTS!



**GOOD FOOD ★ GREAT PEOPLE
★ STRONGER TOGETHER ★**



3:00 PM

BARBECUE PLATES \$15
— WITH TWO SIDES —

PROCEEDS WILL BENEFIT

H LEE DIXON SCHOLARSHIP BBQ BASH AND COMPETITION

Supporting Our Veterans Through Education



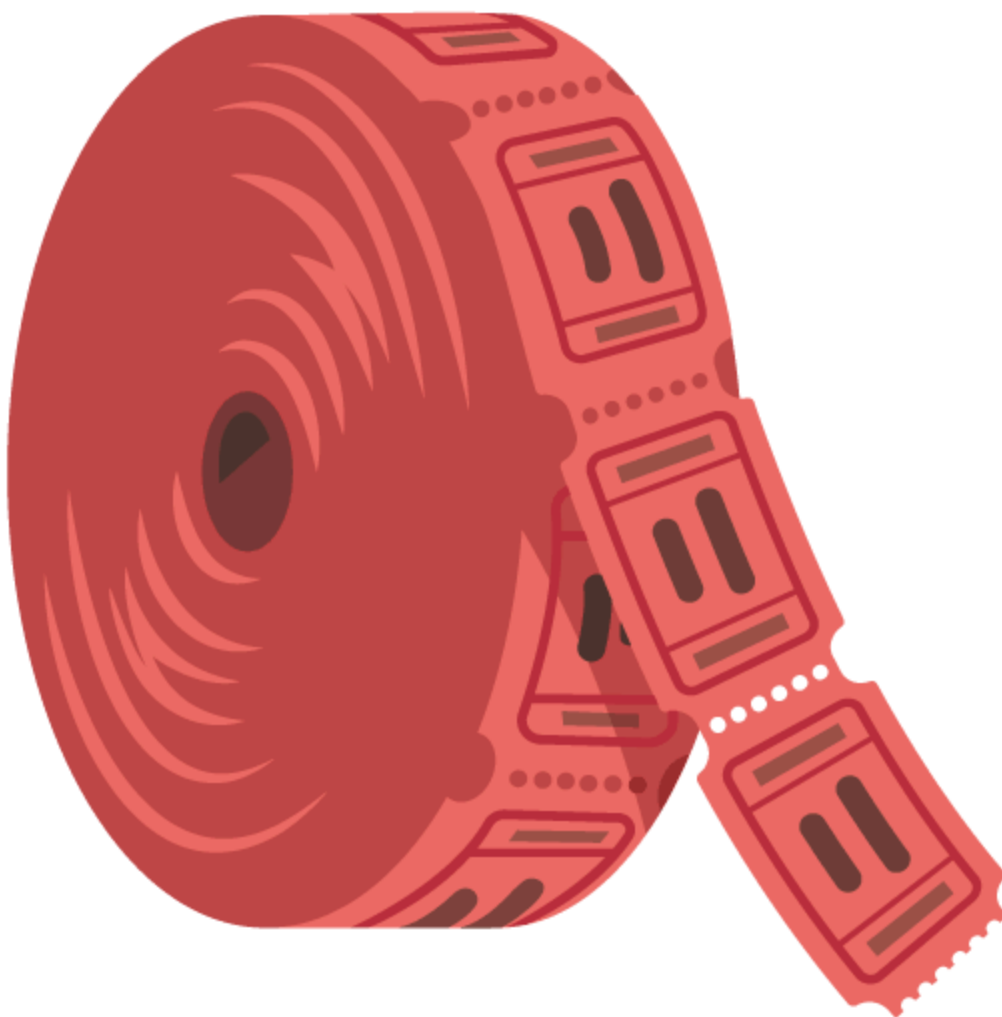
VFW POST 637
1400 Lynchburg St.
Hopewell, Virginia

Questions? ★

CONTACT: JIM COOPER



804-894-2746 ★



🕒 Raffle Ticket 🕒

- 📌 Community
- Veterans Day Raffle 📍
- 📌 Support Scholarships, Teachers & Community
- 📌 RMZ Church 📍
- 2705 Hartman Street
- 📌 Drawing Nov 7, 2026, Join Us 📍
- 📌 2:00 PM
- 📌 Raffle Tkt Bks \$10 📍
- and/or \$Turtl7
- 📌 Prizes \$300,\$200 & \$100 📍
- 📌 . Need not B
- present to "Win" 📍

🕒 Questions 🕒

Cdr Gloria Kenney 804.759.8209
PCDR Barney Campbell 852-9828
5507 Germain Rd, Rich, VA 23224
VFW Post 10654 (Richmond)
Veterans of Foreign Wars

THE VIRGINIA VETERANS FOUNDATION

VFW Community Service Grant

The purpose of the VFW Community Service Grant is to assist VFW Posts and Auxiliaries in Virginia who need assistance with funding community service projects. Posts who have received a grant within the last three years are not eligible for the grant. There will be ten(10) grants worth up to \$500 each for the 2026-2027 year. All requirements must be met, or the grant must be returned, in part or in whole, depending on the circumstances. **Grant application is due no later than December 4, 2026.**

The requirements of the grant are as follows:

- 1) The project must be initiated, completed and receipts submitted in the period of July 1, 2026, through June 1, 2027.
- 2) The VFW Post or Auxiliary in question must have a current non-profit status on file with the Internal Revenue Service (IRS) and the Post must provide the IRS paperwork proving this.
- 3) The Post or Auxiliary must be in good standing with the VFW National Headquarters and the Department of Virginia.
- 4) If the project is hosted at a building, it must be a non-smoking building regardless of the owner's rules for the use of the building.
- 5) The grant is not to be used for work on a VFW Post home or the property owned by any membership-based organization.
- 6) Receipts for the project must be provided and payment of the grant will not occur until this is done with all payments coming after project completion.
- 7) Should the project costs total less than \$500 once completed, the balance of the grant will not be paid. Additional projects may not be added to an approved grant. Alterations to an approved grant require approval by the Virginia Veterans Foundation before the grant can be claimed.
- 8) The VFW Post or Auxiliary receiving the grant must agree to allow the VFW Department of Virginia and Virginia Veterans Foundation the opportunity to promote the project on social media, in official communications, and in other forms of marketing.
- 9) The grant will only cover materials and the Post is responsible for providing labor. This can be done through paying for labor or by doing the work themselves.
- 10) All decisions on grants are final and will be made by the Board of Directors for the Virginia Veterans Foundation.
- 11) Funding from this grant program may be combined with other grants but the total of the funding received cannot exceed actual costs and the amount received from this grant may be reduced accordingly.
- 12) Only one grant per year will be provided to an individual Post or Auxiliary, regardless of who applies for the grant.

THE VIRGINIA VETERANS FOUNDATION

VFW Community Service Grant

Official Grant Application

(All questions must be answered in full)

Name and number of the Post/Auxiliary: _____

Mailing address: _____

Physical address of the event: _____

Commander/President name, phone number, and email address: _____

Quartermaster/Treasurer name, phone number, and email address: _____

Description of the project to be completed: _____

Estimated cost of the project: _____

How will labor be provided: _____

By signing below, you acknowledge the requirements of the grant program. Furthermore, you acknowledge that you have provided all needed documents and that the decision on this grant application rests solely with the Virginia Veterans Foundation. Finally, you agree to provide all needed receipts for the project and to cooperate with the Virginia Veterans Foundation and the VFW Department of Virginia in promoting the project and grant.

Commander/President: _____ QM/Treasurer: _____

THE VIRGINIA VETERANS FOUNDATION

VFW Post Home Improvement and Assistance Grant

The purpose of the VFW Post Home Improvement and Assistance Grant is to assist VFW Posts in Virginia who need assistance with funding projects to improve, expand, or repair their Post home as well as assisting those Posts in financial need. Posts who have received a Grant within the last three years are not eligible for a Grant. There will be ten (10) grants worth up to \$1000 each for the 2026-2027 year. All requirements must be met, or the Post will be required to return the grant, in part or in whole, depending on the circumstances. **Grant application is due no later than December 4, 2026.**

The requirements of the grant are as follows:

- 1) If funding a project, it must be initiated and completed in the period of July 1, 2026, through June 30, 2027. Post must submit a thorough justification for the grant.
- 2) If asking for emergency assistance, the Post must explain the reason for the emergency and provide a plan for how the Post will raise money in the future and prepare for future problems.
- 3) The VFW Post in question must have a current non-profit status on file with the Internal Revenue Service (IRS) and must provide the IRS paperwork proving this.
- 4) The Post must be in good standing with the VFW National and Department Headquarters.
- 5) If funding a project, the Post must own or lease the Post and must provide a copy of the documents showing either ownership or a current lease. For Posts who lease the property, there must be at least 2 years remaining on the lease to receive a grant.
- 6) The Post must not allow smoking in their Post building but may use the grant to repair damage after voting to ban smoking. A ban on smoking is defined as no smoking allowed inside the building of the Post home. It may be allowed outside of the building.
- 7) Receipts for the project or bills covered by the assistance requested must be provided and payment of the grant will not occur until this is done with all payments coming after project completion or for bills already paid.
- 8) Should the project costs or assistance requested total less than \$1,000.00 once complete, the balance of the grant will not be paid.
- 9) The VFW Post receiving the grant must agree to allow the VFW Department of Virginia and Virginia Veterans Foundation the opportunity to promote the funded project on social media, in official communications, and in other forms of marketing.
- 10) The grant will only cover materials and the Post is responsible for providing labor. This can be done through paying for labor or by doing the work themselves.
- 11) All decisions on grants are final and will be made by the Board of Directors for the Virginia Veterans Foundation.
- 12) Funding from this grant program may be combined with other grants but the total of the funding received cannot exceed actual costs and the amount received from this grant may be reduced accordingly.

THE VIRGINIA VETERANS FOUNDATION

VFW Post Home Improvement and Assistance Grant

Official Grant Application

(All questions must be answered in full)

Name and number of the Post: _____

Post mailing address: _____

Physical address of the Post: _____

Post Commander name, phone number, and email address: _____

Post Quartermaster name, phone number, and email address: _____

Estimated cost of the project or assistance requested: _____

How will labor be provided: _____

On a separate page, give either a description of the project to be completed or justification for assistance requested. For emergency assistance, also include in your description a plan for how the Post will raise money in the future and prepare for future problems.

By signing below, you acknowledge the requirements of the grant program. Furthermore, you acknowledge that you have provided all needed documents and that the decision on this grant application rests solely with the Virginia Veterans Foundation. Finally, you agree to provide all needed receipts for the project and to cooperate with the Virginia Veterans Foundation and the VFW Department of Virginia in promoting the project and grant.

Post Commander: _____ Post Quartermaster: _____



2027 VFW SOUTHERN CONFERENCE

November 4-7, 2027 • Colonial Williamsburg, Virginia

The 2027 Southern Conference is being hosted by the Department of Virginia

We are looking for Committee Chairs and volunteers to plan and run the conference.

The committees are:

Registration

Welcome

Transportation

Swag/Give Aways

Sponsors and vendors

Banquet

Local events/Excursions

Hospitality Room (committee Chair already volunteered)

Golf Tournament (Committee Chair already volunteered)

Please send me or Kathy an email at: SOCON27@VFWVA.ORG

To sign up as a committee chair or volunteer to work on a committee.

This is open to VFW and the Auxiliary. One Team

Paul Smith
Department Surgeon
2027 Southern Conference
Event Chairman

Kathy Voss
Department President
2027 Southern Conference
Event Co-Chairman



Become A “Run For Valor” Sponsor!

November 14th, 2026

\$5,000

VALOR CHAMPION

**ONLY
ONE!**

Name as presenting sponsor on all promotional material, largest logo on event shirts, banners, etc. Business logo and link featured prominently on website and registration page. Mention in all press releases, media appearances, and radio promos. VIP speaking opportunity at race kick off. Premium vendor space at event.
And more!

\$2,500

DEFENDER OF VALOR

Large logo on event shirts, signage, and mile markers. Logo and link on website and race registration page. Business shoutout in 4 dedicated posts on social media posts.
10'x 10' Vendor booth at the event. Recognition during opening and closing ceremonies. Inclusion in post-event email blast to participants and donors.

\$1,000

SUPPORTER OF VALOR

Medium logo on event shirts and signage. Logo listed on website and registration page. Business mentioned in 2 dedicated social media posts.
10'x10' Vendor table at event. Recognition during race day announcements.

\$500

FRIEND OF VALOR

Small logo on shirts and signage. Name listed on website and digital event materials. Business mentioned in 1 dedicated social media post.
Recognition on event day signage.

Contact Pam Hill at - Pamela.hill@valorranch.us or (301) 466- 5613

ABOUT US

Nestled in the heart of King George, Virginia, Valor Ranch is more than just a ranch- it is a place of restoration, resilience, and community.

Our mission is to provide a safe, supportive environment where service members, first responders, veterans and their families can heal, connect, and grow. Through outdoor programs, hands-on activities, and animal therapy, we honor the courage of those who served and create meaningful opportunities for connection and renewal.

As a nonprofit organization, Valor Ranch relies on the generosity of sponsors and community partners to bring our vision to life. With your support, we can expand our programs, maintain our facilities, and continue offering life-changing experiences to the heroes that come to Valor Ranch. Together, we can make a lasting difference for those who have sacrificed so much for us all.

SPONSORSHIP FORM

NAME: _____ **PHONE:** _____

EMAIL: _____

ADDRESS: _____

SPONSORSHIP LEVEL

☐ **VALOR CHAMPION- \$5,000** ☐ **SUPPORTER OF VALOR- \$1,000**

☐ **DEFENDER OF VALOR- \$2,500** ☐ **FRIEND OF VALOR- \$500**

☐ **CUSTOM AMOUNT:** _____

PAYMENT METHOD: ☐ **CHECK** ☐ **CASH** ☐ **OTHER**

DATE OF PAYMENT: _____



SCAN ME

***If paying by check, please make checks payable to VALOR RANCH and mail it to:
Valor Ranch 15360 Sunset Lane, King George, VA 22485**



Virginia Department of Veterans Services: Honor Guard Grant Program

Program Purpose:

HB108 (2026 Acts of Assembly, Chapter 65) directs DVS to establish a grant program to eligible Veteran Service Organizations (VSOs) to support honor guard burial details for Virginia veterans. Funds may be used for training, transportation, food, equipment, and supplies directly tied to funeral honors.

Subject to the availability of funds, DVS shall award and distribute grants to eligible veteran service organizations. The appropriation act (Chapter 1, 2026 Acts of Assembly, Special Session I, Item 457) appropriates \$25,000 in fiscal year 2027 to carry this out.

1. Grant Structure & Disbursement

DVS will distribute appropriated funds through a structured grant cycle that incorporates:

- Base Grants: fixed awards to VSOs that perform honor guard services for period (July 1st, 2026 – June 30th, 2027);
- Variable awards based on the number of funeral services that the honor guard performed from July 1, 2025 to June 30, 2026 in Virginia. At least 25% of these must have been at a state veterans cemetery; and
- Optional: Supplemental funding for VSOs serving remote regions or areas with high funeral frequency.
- All of this is subject to available funding.

2. Eligibility Requirements

To receive a grant, the VSOs must:

- Be a 501(c)(19) non-profit or federally chartered VSO.
- Operate within Virginia.
- Provide honor guard burial details for veterans, which may consist of:
 - Full (flag folding, rifle detail, Taps) or
 - Basic (flag folding, Taps) Military Honors.
- Honor guard burial details will be performed acceptably and in accordance with the National Defense Act of 2000 (Public Law 106-65.)
- Demonstrate expenses directly tied to funeral honors activities.

Application Process

Step 1: Application Release

DVS publishes the annual grant application and guidance on its website and distributes notices to VSOs.

Step 2: VSO Application Submission: Eligible organizations will submit a application containing:

- Proof of organizational eligibility
- Number of veteran funeral honors performed during the applicable reporting period (July 1, 2025 - June 30, 2026)
- Geographic service area
- Description and breakdown of expenses
- Budget identifying how grant funds will support honor guard activities
- Names of veterans served

Step 3: Review & Scoring

DVS evaluates applications using HB108-aligned criteria:

- Number of funeral honors performed
- Geographic coverage and travel burden
- Demonstrated financial need
- Alignment with allowable expenses
- Support provided to the Virginia State Veteran Cemeteries

Step 4: Award Announcement and Distribution: DVS will issue award notifications to selected applicants and distribute grant funds in a single payment per year per qualifying VSO.

DVS Finance will set up grantees in the state's fiscal system.

Grant recipients will be required to submit documentation at the end of FY27 demonstrating use of funds for approved honor guard-related expenses.

Timelines

1. NLT August 21, 2026 – DVS will
 - a. Publish guidelines on DVS website
 - b. Distribute information to the honor guards that provide services at the three state veterans cemeteries
 - c. Distribute information to the VSOs represented on the Joint Leadership Council of Veterans Service (the JLC) with a request that they distribute through their network
 - d. Include article in the DVS eNews
2. October 31, 2026 – VSO applications due to DVS. Application documents will be submitted electronically to HonorGuardGrant@dvs.virginia.gov
3. November 30, 2026 – DVS will complete review of all applications received by October 31. DVS will notify selected VSOs so that the VSOs can be set up in the state fiscal system for payment
4. December 31, 2026 – DVS will award first round of grants

5. December 31, 2026 – if funding is available, DVS will notify VSOs if there will be a second round (new or supplemental) of grant funding
6. February 28, 2027 – if funding is available, second round VSO applications (new or supplemental) due to DVS.

For additional information, contact DVS at HonorGuardGrant@dvs.virginia.gov



Mark & Kathy's
**FALL HARVEST
HOMECOMING**

Come celebrate the homecoming of our
Department of Virginia VFW State
Commander and VFW Auxiliary
Department President!



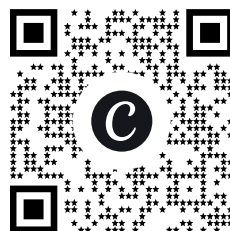
Saturday
October 17, 2026



5pm at
VFW 9808 7168 Flag Lane
Mechanicsville, VA

All VFW and Auxiliary members are welcome! Dinner will be provided at no cost, with a cash bar available for setups, beer, and wine. Costumes are optional, and guests can enjoy costume contests, door prizes, and giveaways. Please RSVP so we can plan accordingly and accommodate everyone.

SCAN THE QR CODE TO REGISTER



2026-2027 THEMES:
"ONE TEAM, ONE FIGHT"
"BUILDING BRIDGES"





ARTHUR WILLIAMS MEMORIAL V.F.W. POST 10654



Raffle Time



Community Veterans Day Raffle

Support Scholarships, Teachers & Community

★ **RMZ Church** ★

2705 Hartman Street

★ **Drawing Nov 7, 2026, 2:00 PM** ★

Join Us And Pull The Winning Tickets

Raffle Tkt Bks

★ **\$10** ★

Accepting cash, checks
and/or cashapp \$Turtl7



★ **Prizes \$300, \$200 & \$100** ★

★ *Need not B present to "Win"* ★



Questions?????



CDR Gloria Kenney

804.759.8209

PCDR Barney Campbell

804.852-9828

SRV James Owens

804.405.1371

VFW Post 10654 (Richmond)
Veterans of Foreign Wars



RUN FOR VALOR

SAVE THE DATE!

14 NOVEMBER, 2026 | 8:00 AM - 11:00 AM

Mark your calendar for our Annual Run for Valor! With a 5K, 10K, 10K Ruck, and 1-Mile Fun Run, this event brings our community together to support and honor our service members, veterans, and first responders.

<https://runsignup.com/Race/VA/KingGeorge/RunForValor5K>

For more information visit: Valorranch.us

